

DAVID LLOYD CLUBS WORTHING TRIATHLON 2016 SPRINT RACE PROVISIONAL RESULTS

Overall	F Name	L Name	Team	M/F	Category	Cat Rank	Race	Number	Swim	T1	Bike	T2	Run 2	Total
1	Simon	Flatau		M	Vet	1	Sprint	30	00:07:24	00:00:34	00:43:35	00:00:25	00:21:51	1:12:50
2	Richard	Johnson	Chichester Westgate Tri	M	Sen	1	Sprint	31	00:06:41	00:00:41	00:42:43	00:00:20	00:23:56	1:13:20
3	James	Coxon		M	Vet	2	Sprint	25	00:08:20	00:00:41	00:43:13	00:00:30	00:23:14	1:14:47
4	Shane	Costigan		M	Sen	2	Sprint	20	00:07:55	00:00:50	00:45:11	00:00:47	00:23:33	1:16:39
5	Edward	Taylor	Worthing Otters	M	Jun	1	Sprint	32	00:06:27	00:01:16	00:47:39	00:00:51	00:23:16	1:17:22
6	Steven	Woodbridge		M	Vet	3	Sprint	18	00:08:58	00:01:00	00:43:38	00:00:45	00:24:47	1:17:23
7	Nick	Smith	Lewes Wanderers	M	Sen	3	Sprint	93	00:10:08	00:00:35	00:42:17	00:00:36	00:25:04	1:17:29
8	Oliver	McDonald	Tuff Fitty Tri Club	M	Sen	4	Sprint	35	00:07:18	00:00:42	00:46:33	00:00:28	00:23:43	1:17:34
9	Chris	Robinson	Tuff Fitty Tri Club	M	Vet	4	Sprint	37	00:07:20	00:00:49	00:46:25	00:00:34	00:24:11	1:17:56
10	Michael	Barrett	Tuff Fitty Tri Club	M	Vet	5	Sprint	17	00:09:01	00:00:45	00:44:34	00:00:36	00:24:54	1:18:29
11	Chris	Hodge		M	Vet	6	Sprint	16	00:08:23	00:01:10	00:44:30	00:01:01	00:26:29	1:19:22
12	Steve	Wilson	Bognor Tri Club	M	Vet	7	Sprint	26	00:08:09	00:00:41	00:47:58	00:00:54	00:26:01	1:22:08
13	Adrian	Scott	Steyning AC	M	Sen	5	Sprint	29	00:07:20	00:02:27	00:50:51	00:00:59	00:24:04	1:22:15
14	Simon	Parker	Bognor Regis CC	M	Vet	8	Sprint	14	00:09:12	00:01:33	00:47:00	00:00:33	00:26:22	1:22:34
15	Peter	Gilmartin	DL Worthing	M	vet	9	Sprint	39	00:08:39	00:01:03	00:49:04	00:00:20	00:25:13	1:22:56
16	Phil	Lintott-Clarke	Tuff Fitty Tri Club	M	Vet	10	Sprint	24	00:08:04	00:01:01	00:49:15	00:00:41	00:25:45	1:23:04
17	Jon	Wrightson		M	Sen	6	Sprint	28	00:08:03	00:00:41	00:49:00	00:00:45	00:27:17	1:24:20
18	Jenny	Wellman		F	Sen	1	Sprint	15	00:08:49	00:01:05	00:51:15	00:00:49	00:26:18	1:26:22
19	Paul	Martin	Tuff Fitty Tri Club	M	Sen	7	Sprint	11	00:09:53	00:00:36	00:50:06	00:00:24	00:26:45	1:26:44
20	Francis	Bonomaully		M	Sen	8	Sprint	23	00:07:55	00:01:06	00:53:50	00:00:54	00:25:01	1:26:46
21	David	Glen		M	Sen	9	Sprint	38	00:09:47	00:01:40	00:50:01	00:01:03	00:29:58	1:29:46
22	Tony	Pearce	Worthing Striders	M	vet	11	Sprint	36	00:08:59	00:00:59	00:51:23	00:00:45	00:29:44	1:30:06
23	Simon	Brook	Worthing Striders	M	Vet	12	Sprint	55	00:08:19	00:01:43	00:51:22	00:00:48	00:31:41	1:31:22
24	Martin	Peterson	Bognor Tri Club	M	vet	13	Sprint	69	00:09:15	00:02:07	00:51:40	00:00:57	00:30:33	1:31:28
25	Matthew	Foggett		M	Vet	14	Sprint	19	00:08:09	00:01:07	00:55:06	00:00:42	00:29:26	1:32:41
26	Sam	Ward		M	Sen	10	Sprint	6	00:09:58	00:02:17	00:52:37	00:01:31	00:30:11	1:32:46
27	Paul	Durrant		M	Vet	15	Sprint	56	00:08:44	00:02:10	00:53:53	00:02:09	00:30:46	1:33:23

28	Julian	Stopps		M	Vet	16 Sprint	7	00:10:46	00:02:03	00:56:53	00:00:44	00:27:49	1:35:28
29	Kelly	Thornhill		F	Sen	2 Sprint	22	00:09:32	00:01:12	00:59:38	00:00:35	00:28:08	1:37:18
30	Rebecca	Day	Tuff Fitty Tri Club	F	Sen	3 Sprint	34	00:09:48	00:02:07	01:00:36	00:01:12	00:27:52	1:38:16
31	Bob	Thomas	Tuff Fitty Tri Club	M	Vet	17 Sprint	9	00:10:44	00:01:27	00:53:08	00:00:47	00:34:44	1:38:36
32	Sam	Bellamy	Bognor Tri Club	M	Vet	18 Sprint	2	00:12:14	00:01:31	00:59:45	00:01:19	00:31:37	1:43:36
33	Natasha	Heryet		F	Sen	4 Sprint	21	00:09:07	00:01:40	01:00:20	00:01:15	00:34:40	1:44:07
34	Sonia	Latham	Bognor Tri Club	F	Sen	5 Sprint	33	00:09:26	00:01:40	01:00:26	00:01:10	00:34:33	1:44:25
35	Gary	Craig		M	Vet	19 Sprint	5	00:10:10	00:02:14	00:56:30	00:01:22	00:38:17	1:44:57
36	Nicole	Ewer		F	Vet	1 Sprint	10	00:10:16	00:01:27	01:04:26	00:00:42	00:34:19	1:49:01
37	Sharon	MacGregor	David Lloyd Worthing	F	Vet	2 Sprint	12	00:09:47	00:01:47	01:03:11	00:01:01	00:36:43	1:49:41
38	Katja	Lowe		F	Vet	3 Sprint	3	00:12:11	00:01:55	01:06:16	00:01:13	00:34:26	1:52:53
39	Jacqueline	Freeman		F	Vet	4 Sprint	1	00:16:53	00:02:48	01:06:17	00:01:41	00:35:09	1:58:19
40	Jo	Burns		F	Sen	6 Sprint	8	00:11:16	00:02:52	01:16:20	00:00:43	00:34:22	2:01:58
41	Samantha	Dodge		F	sen	7 Sprint	40	00:11:21	00:03:55	01:16:05	00:01:43	00:39:31	2:06:57

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